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FEBRUARY 2020

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VOCALPOINT WELCOMES FLOBOTS

In just a matter of days, VocalPoint will return to Central for the annual benefit concert. This year, VocalPoint is proud to support Express Bike Shop, a social enterprise of Keystone Community Services.

Express Bike Shop is a full-service bike shop specializing in refurbished bicycles and a nonprofit youth employment program - all rolled into one! Teens work as youth apprentices, learning about and helping to operate all areas of the shop. For most, it's their first real job and helps them build key entrepreneurial and work skills needed for future success.

The 2020 concert will be another great experience in storytelling as we welcome this year the alternative hip hop band FLOBOTS! Armed with intelligence and an ingrained sense of rebellion, Flobots are looking to engage a new musical culture, one mind at a time. They have been singing their smart and infectious anthems for a better world on stages throughout the United States, and around the globe, for the past decade. Formed in 2005, the alternative hip hop band was, from the beginning, committed to pushing musical boundaries and engaging their audiences in new ways. In recent years, this meant working at



[CONTINUED ON PAGE 10]

UPCOMING WORSHIP

SUNDAY, FEBRUARY 2

So much of what Jesus said and did turned conventional wisdom on its head, suggesting a different ordering of priorities. In Matthew's gospel, a long collection of teachings, called the Sermon on the Mount, begin with a series of blessings that are called the Beatitudes (Matt. 5:1-12). "Blessed are the . . ." During a recent move to prepare for the basement drain tile project, a piece of art was discovered here at Central with this same title of *Beatitudes*. Rev. Colby will preach on wisdom in unlikely places and we will celebrate communion. Central Choir sings and the Handbell Ensemble rings.

SUNDAY, FEBRUARY 9

On this VocalPoint weekend, worship provides an opportunity to think about empowerment for youth from some different angles. We will continue to seek wisdom from the continuation of Jesus' Sermon on the

Mount (Matt. 5:13-20) as well as the prophet Isaiah (58:1-9).

On this Sunday we welcome the debut of the Flindör Trio - a Baroque trio of 2 recorders and cello, made up of Central's own Wendy and Mark Flinger and Mark Doerr!

SUNDAY, FEBRUARY 16

What does it mean to "walk in God's ways" an expression used in our readings from Deuteronomy (30:15-20) and Psalm 119? How can we create and deepen a community of faith in our time and setting? Rev. Colby will preach, Central Choir sings and the Chamber Ensemble plays.

SUNDAY, FEBRUARY 23

The final Sunday before the season of Lent takes us up on the mountaintop with Jesus. In a story that is called the Transfiguration, the gospels tell of Jesus being suddenly highlighted, changed, clarified for the disciples who have

joined him for prayer. How do we experience clarity of purpose and other mountaintop moments? Rev. Colby will preach with Central Choir singing and music by the Ars Nova Brass Quintet.

WEDNESDAY, FEBRUARY 26

On Ash Wednesday, we begin the season of Lent on Ash Wednesday. We will have two services in the sanctuary at 12:30 p.m. and at 7:30 p.m. (A simple soup and bread dinner will be available prior to the evening service). These are quiet, contemplative services.

The Exchange Gathering Time 9:15 a.m.

Education for All Ages 9:30 a.m.

Worship at 10:30 a.m.

Coffee & Fellowship 11:30 a.m.

SPECIAL OPPORTUNITY TO SING IN WORLD PREMIERE

Be a part of a special opportunity to sing a world-premiere and be in a recording of *To Know the Path* by composer Linda Kachelmeier.

Central, through a generous gift, is a co-commissioning partner for this moving, powerful new piece. The text combines part of

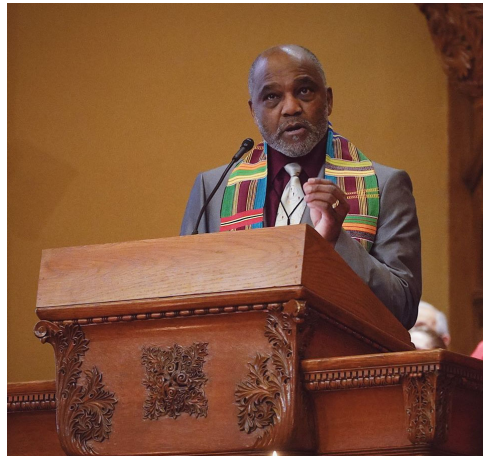
the Liturgy of the Hours as well as writings about immigration by Athena Kildegaard.

Singers who are looking for a unique and rewarding challenge are welcome to join us – no matter whether or not you are a member of Central.

Rehearsals start on Wednesday, February 19 at 7:15 p.m. and continue until March 29.

Please speak with Jennifer Anderson, Director of Music Ministry, (jennifera@cpstpaul.org) if you are interested and to receive a full rehearsal schedule.

DRUM MAJOR INSTINCT



“Yes, if you want to say that I was a drum major, say that I was a drum major for justice. Say that I was a drum major for peace. I was a drum major for righteousness. And all of the other shallow things will not matter.”

- Rev. Dr. Martin Luther King, Jr.

On Sunday, January 19, Central was fortunate to hear those words from Dr. King’s 1968 sermon, “Drum Major Instinct,” powerfully delivered by Dr. Ernest Lloyd. As we move forward, we take time to consider how we are continuing Dr. King’s mission of love and justice.



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VOLUNTEER TO HELP
centralforgood.org/volunteer

WELCOME CARTHAGE TREBLE CHOIR

[FROM JENNIFER ANDERSON]

Come to Central Monday, March 9 at 7:00 p.m. for a special concert event as we welcome Carthage College Treble Choir with the Ibuka Dance Foundation. You will not want to miss this incredibly talented choir alongside the Ibuka Dance Foundation dance troupe!

ABOUT CARTHAGE TREBLE CHOIR

Carthage Treble Choir is a group of 50-60 women who sing music from all genres of choral music for female voices. It has recently appeared at WMEA, and NCACDA and performs on and off campus. The group tours regionally, nationally, and internationally including Central Europe and China.

ABOUT IBUKA DANCE

Ibuka Dance Foundation is a Tanzanian not-for-profit organization founded in Arusha, Tanzania in 2014 by Canadian dancer, pedagogue and choreographer Anna Bussey. During several visits to Tanzania, Bussey met and created with refreshingly inspired dancers who were open, talented and ready to go places with their art form, yet with no infrastructure and few opportunities available to them.

Ibuka was launched to address these issues, first by building a studio to provide a physical space in Arusha dedicated to dance, second by starting a scholarship training program for Tanzanian youth to become professional dancers, and lastly, by creating innovative afro-contemporary dance works and



performing locally, nationally and internationally.

Ibuka's mission is to educate and employ disadvantaged youth with a focus on empowering girls & young women in Tanzania.

HOST HOMES NEEDED

We will need a significant number of host homes to host the singers and dancers on Monday night. It is not a very difficult task; the only requirements are that you have a clean, comfortable place for them to sleep and shower. Then, on

Tuesday morning, get them back to the church with a brown-bag lunch that you've prepared.

Please sign-up on our website at www.centralforgood.org/volunteer if you are willing to be a host home! Please don't be shy – we are going to need about 35 homes, so please consider helping! More information will be made available as we get closer to this date. If you have questions, you may reach out to Jennifer Anderson, Director of Music Ministry at jennifera@cpcstpaul.org.



SUNDAY, FEBRUARY 23 | 6:30 P.M.

COME ONE, COME ALL!

Do you juggle? How about dance? Play a tune on the guitar? Tell a joke or two! Come and share a talent – and cheer on others who are as well – at our All-Church, All-Ages Variety Show on Sunday, February 23 at 6:30 p.m.

A little nervous about doing something on your own? Find a few church friends to join you! It's more fun when more people are involved! (If we have more acts than we have space for, preference will be given to the acts that have more people involved.)

If you are interested in performing in the show, please fill out this form and put in Jennifer Anderson's box in the office (or scan and send it via email.)

Name of Act: _____

Name of Contact Person: _____

Names of all people involved: _____

What will you be performing? _____

How long is your act? _____

If it's longer than 5 minutes, you'll need to trim it down.

Do you need any special equipment? (For example: Music stand, piano, microphone(s)) _____

Do you need someone to accompany you? YES NO (If yes, please attach the music to this form.)

Deadline to sign up is February 9, 2020.

HAVE QUESTIONS?

Contact Jennifer Anderson, Director of Music Ministries at jennifera@cpstpaul.org.

INSTALLATION OF ELDERS & DEACONS



CHILDREN & YOUTH MINISTRY EVENTS



FAMILY OUTING

Join us Saturday, February 22 at 9:30 a.m. for a family trip to the Minnesota Children’s Museum and enjoy three floors of fun for the whole family! Play in a pretend town, zoom down the giant spiral slide, zig-zag through a laser maze, engineer your own ball launcher or discover new things in their toddler space. There is something for everyone!

Central will cover half of the ticket cost, so RSVP to Katie Morris at katiem@cpcstpaul.org by February 18 if you plan to attend.



SUMMER CAMP IN THE CITY

We are partnering again this year with House of Hope Presbyterian Church for Camp in the City! Join us for a fun-filled week of Bible stories, art, music, outdoor activities, and more.

Running June 22-26 from 9:00 a.m. to 3:00 p.m., this program is run by the Clearwater Forest staff. Cost is \$60 per child and is open to children 4-years old by September 1, 2019 through those who have completed 5th grade by June 2020.



Registration is now open through a link with House of Hope at: www.cognitofoms.com/HouseOfHopePresbyterianChurch/CampInTheCity

Scholarships are available, contact Katie Morris for more information.

CLEARWATER SUMMER CAMP

Are any of your children or youth interested in attending Clearwater summer camp this year? For those unfamiliar, Clearwater Forest is a summer camp and wellness retreat center positioned on over 1,000 acres of land adjacent to the beautiful Clearwater Lake in central Minnesota. Let Katie Morris know so that we can connect you with other families planning to go – perhaps you can choose the same week! Central does offer scholarships for Clearwater, check in with Katie Morris to learn more.

WOMEN OF CENTRAL NEWS

NETWORKING GROUP

We had a wonderful time at our January potluck! A special thanks to Sandy White and her husband John for all of their work preparing their home for our gathering. The food was delicious, the decorations were festive and the conversations were great. It was so good to spend time together.



CELESTE ST PAUL
HOTEL + BAR

TUESDAY, FEBRUARY 4TH

Celeste Hotel + Bar
26 East Exchange St., St. Paul

We are heading to Celeste! This hotel opened late last fall and has created a buzz around the city! You will be able to park at church, and it is a short walk across Cedar Street to Celeste. If you wish to walk over as a group, be at the parking lot by 5:20 p.m.. Or meet us at Celeste at 5:30 p.m.

Please RSVP to Sue Hoffman (syhoffman123@comcast.net) or via the Women of Central page on Central's website, no later than Thursday, January 30 to let us know if you plan to attend.



THURSDAY, MARCH 5TH

Pazzaluna
360 St. Peter St., St. Paul, MN

We've had a change to our March 5th plans, so we will be headed to Pazzaluna!

Looking forward to seeing you at these gatherings!

KNITTING GROUP

Come join us after worship on the 2nd Sunday of the month (February 9) to knit and connect with one another. We meet in the Oval Room after gathering in the Friendship Room for a quick cup of coffee. We have yarn, needles, help for beginning knitters and companionship.

We are working on prayer pockets and prayer shawls.

If you have questions please email or call Maggie Gordon at (margaretagordon@gmail.com),



PRESBYTERIAN WOMEN

PLANNING HELP NEEDED!

Central is hosting the Presbyterian Women of the Twin Cities (PW-PTCA) Spring Gathering on Saturday, April 25, 2020. The event begins at 9:00 a.m. and concludes by 3:00 p.m. In addition to people to help us with planning and logistics, we need volunteers for that day to help us create a wonderful experience for our fellow Presbyterian women. If you are interested to help us with this event, please contact Sue Hoffman at syhoffman123@comcast.net or (612) 998-6389 to learn more. Watch for information to sign up for specific roles soon through Central's Volunteer page. Also, mark your calendars to attend the gathering.

If you would like to be on the planning team, we will be meeting Tuesday, February 4 at 4:00 p.m. at Central.

RANDOM ACTS OF KINDNESS DAY

February 17 is Random Acts of Kindness Day. Although we can all agree we should be kind to people 365 days a year, this day encourages people to use this day to bring a smile to someone's face without expecting anything in return. These random acts of kindness can range from a small compliment to an inspiring gesture that could be life changing. No act of kindness is too small. The gift of kindness may start as a small ripple that over time can turn into a tidal wave affecting many in our community and world.



JANUARY NETWORKING GROUP

January brought a potluck gathering at the home of Sandy White. If you would like to be a part of the next event, join us at Celeste Hotel + Bar on Tuesday, February 4th at 5:30 p.m.



VOCALPOINT WELCOMES FLOBOTS [CONTINUED FROM PAGE 1]

the grassroots level to encourage communities to raise their own voices through collective song. Their single *Handlebars* reached #37 on Billboard's Hot 100.

Joining us in telling Express Bike Shop's story are also special guests from St. Paul area high school choirs.

PURCHASE TICKETS

Mark your calendars now to attend either concert on February 8 or 9 at 4:00 p.m.! Tickets are available on-line at www.vocalpointchorus.org, from a chorus member, or after church at Central on Sundays. You may also purchase them at the door in the hour before each concert.

Tickets for adults are \$15 in advance/\$20 at the door. Ages 8 - 18 and college students with an ID are \$10. Due to mature lyrics, these concerts are not recommended for children under 8.

A free-will donation will also be collected at the concerts; 100% supports Express Bike Shop.



SERVE AS A VOLUNTEER

We will need many volunteers to help with large audience, including service as ushers, dinner hosts for the singers and musicians, and box office ticket sellers. If you are able to help, please sign up at www.centralforgood.org/volunteer.

ABOUT VOCALPOINT

VocalPoint is an 85-voice choir that calls Central home. Our programs

are multi-sensory collaborations unlike any other choral concerts. We shine a spotlight on important issues such as mental health, the immigrant experience, and sex trafficking, giving 100% of performance-driven donations to worthy causes that make a dramatic impact in everyday lives. To learn more about the VocalPoint Chorus, the 2020 concerts, and this year's beneficiary, go to www.vocalpointchorus.org.

What is *The Exchange*?

A TIME OF LEARNING!

The morning's theme is condensed into a scripture verse as special guests are share how they see God in our world.

A TIME OF MUSIC!

This may include some rhythm instruments and dancing, so be ready to move!

A TIME OF PRAYER!

All are invited to share what is on your minds and hearts.

A TIME OF OFFERING!

As we model and teach about generosity, our kids will be given the chance to contribute too.

A TIME OF CELEBRATING!

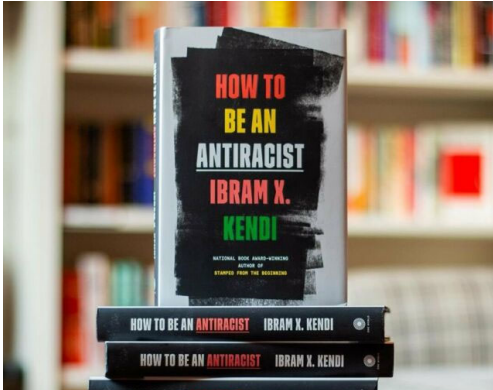
Each week, we will recognize those who have birthdays upcoming with a special song and sticker.

the exchange
song. prayer. connection.

JOIN US!

FIRESIDE LOUNGE
9:15 A.M. EACH SUNDAY

ANNOUNCEMENTS



ANTI-RACISM DISCUSSION

On February 16 and February 23, in lieu of Adult Bible Study there will be a two part discussion around the topic of anti-racism. A small group has been looking at ideas presented in Ibram X. Kendi's book *How to be an Anti-Racist* as well as the Presbyterian Church USA work on anti-racism. Come hear about these ideas and discuss questions such as "What does it mean to be racist?", "What does it mean to be anti-racist?" and "What steps can be taken to be more anti-racist"? The group discussion will take place at 9:30 a.m. on Sundays February 16 and 23 in the Friendship Room.

DORCAS CIRCLE

Dorcas Circle will meet on Thursday, Feb. 13 at 11:30 a.m. in the Friendship room. Bring your own lunch, coffee and tea provided. We will be looking at Lesson 5.

THANK YOU

Thank you to all of the volunteers who stepped up to help un-deck the halls in January. We recognize that taking decorations down isn't nearly as fun as putting them up, but we do appreciate you and your time to get us ready for the next season at Central!

HAPPY BIRTHDAY!

Ingrid Bollman 2/3
 Marlana Haugen 2/3
 Laura Varanasi 2/4
 Veronica Amarteifio 2/5
 James Bergman 2/7
 Kris Baird 2/9
 Ryan Kimani 2/9
 Melissa Varanasi 2/9
 George Lonergan 2/10
 Margo Nicoll 2/10
 Victoria Pyan 2/11
 Ned Taylor 2/13
 Christopher Amarteifio 2/14
 Laura Williams 2/15

VOLUNTEERS NEEDED

Ushers, hosts and ticket sellers are needed for VocalPoint events on February 8 & 9 for 4:00 p.m. concerts. To sign up, go to www.centralforgood.org/volunteer.

Ian Berg 2/17
 Jon Juffer 2/17
 Sara Bartlett 2/18
 Eddie Sanders 2/18
 Barbara Swanson 2/19
 Ellie Schlittenhart 2/20
 Lynne Severson 2/23
 Nora Welch 2/24

If we missed your name, please send us a note to office@cpctestpaul.org so that we can correct our records.

CENTRAL TEAM

(651) 224-4728

PASTORAL CARE

Rev. Dr. David Colby, Pastor
dcolby@cpctestpaul.org, ext. 102
 Maureen Smith, Pastoral Associate
mcsmith@tc.umn.edu
 Parish Associates: Rev. Casey Wells,
 Rev. Doug Throckmorton, Rev. Lou Bender

ADMINISTRATION

Anna Sanchez, Church Administrator
office@cpctestpaul.org, ext. 100
 Christie Rachelle, Communications
cpc@christierachelle.com
 (952) 564-4472
 Matt Ehling, Treasurer
 William Zopfi, Treasurer Emeritus
 Mary Lange, Evening Receptionist
 James Williams, Sexton

MUSIC

Jennifer Anderson,
 Director of Music Ministry
jennifera@cpctestpaul.org, ext. 103
 Music Staff: Shanta Hejmadi,
 Abbie Betinis, Adam Van der Sluis,
 Steve Swanson, David Winkworth

YOUTH PROGRAMS

Katie Morris, Children & Youth
 Ministry Coordinator
katiem@cpctestpaul.org, ext. 109
 Natalie Pence, Nursery Care Provider
 Megan Beese, Preschool Teacher

FOOD INITIATIVE

Barb Westman, Chef & Manager
Barb.westman@gmail.com
 Sue LeClaire, Sous Chef
 Peter Evarts, Dishwasher

MARTHA'S CLOSET

Sandy White, Director
wjands7@aol.com, ext. 112



CENTRAL

PRESBYTERIAN CHURCH

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This month we are excited to welcome Flobots and guests from St. Paul area high school choirs to the annual VocalPoint benefit concerts on February 8 & 9.

[www.vocalpointchorus.org]

CENTRAL IS *in the city for good!*